### **April 9, 2014**

# EXTREME

### **Purity**

""the condition or quality of being pure; freedom from anything that debases, contaminates, pollutes, etc.: the purity of drinking water. The purity of your life is important..."

Name:

### Take me home!



Purity sets you apart from the rest of the world. It would be a challenge to anyone, to live a entire day not allowing anything to contaminate them in thoughts, speech, and action. When I think about life in middle school, well it is even more a challenge. Everything and everyone around you could possible be carrying something that could contaminate you. So with that in mind don't forget your armor because it is a battle out there.

Seeking to stay pure and live for purity is a character trait that will set you apart from others. I mean I think about the trend that we have in our culture, like gluten free. How so many people are deciding to live gluten free. Some they have to due to allergies but others just choose to be gluten free for a healthier life. Wow that is a hard one because gluten is in everything. We you meet those people you have to think wow that is really hard and you must be serious about what you are doing. They are set apart they are different than everyone else who don't check the ingredients in everything that they eat. Just as some people choose to be very careful about what they eat, we are as followers of Jesus are called to be careful about what we allow to enter our minds. We are to live with purity as the goal. But the attack is on and it goes beyond just looking at every ingredient that we eat. All around us are images and sounds that have the

potential to make us stumble in our race to live pure lives. As hard as it is it is not impossible and it is worth every effort that we put towards it! Check this out 1 Timothy 4:12 Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity. You and I are encouraged to live a life that sets examples to others. We are called to live for Purity! In this one verse we get some clear steps to work from. We are called to set examples in speech, in life, in love, in faith, and in purity. When we set our mind to working on steps, simple things that we can do every day in small bite size portions we can achieve anything. The fight for purity starts in the mind and what we allow in and allow to let

Here are some basic steps:

- 1. Think of your life as giant sign to show others who Jesus is.
- 2. Words are power, think about what you say.
- 3. Make your life match your words.
- 4. Make your love match your words and your
- 5. Dig into your faith let what you believe be more than just what you believe but let it guide.
- 6. Strive to be pure, Chase it, Fight for it. Keep reading if you are serious this EFMag is all about the how to of Purity!



## CHARACTER

### **EXTREME APPLICATION**

The character to decide. In todays culture it is very normal for people to not decide. Will I go to something, will I not go to something. Will I be this person or not be this person. Extreme character is the ability to decide. To know who you are and decide what that means. If you decide to live a life of purity, then there will be things that you say no to. But first you must be the person who decides and knows who you want to be.

# Think About it The tension of (Purity as a decision)

The world is under the influence of the culture really does not offer a lot of purity. Advertisements are everywhere, they bombard us with images and thoughts. They seek to kill us. TV shows do not model the way we have been called to live. Movies, video games, and music teach us and seek to cause us to live in a way that is counter to purity.

What are we to do, We live in this culture and it is a part of your life! Don't worry I am not about to tell you what to do, I am not here to tell you to put away all the things of the world. No that is not what I am going to tell you to do. What I suggest is that you really think about what you want. What do you want your life to be in the end. What do you want for your life now. Figure that out and then set a course for those things. There is tension in our world, it does not support the best decisions for you, it only supports the best decisions for it. The world and the culture around us does not line up with God, or the way that he created us to live. The world is opposite from God.

So what is a person to do? How are we to live a life of purity as we race after God, in a world that does not offer purity? Well first decide what you want for your life. You have to decide is God's way the best way, or is the worlds way the best. Do you want to be radical? Or do you want to be like everyone else? What you decide will determine everything. Purity is a choice.

If you seek to go after purity then read God's word because in it a young person can find the strength and the power to live a life of purity! Psalm 119:9 Tell us this: **How can a young man keep his way pure?** 

By living according to your word. There it is, it is possible, but you have to decide, you have to make the decision about what you want to live your life for. Once you decide this then the road is still hard but at least you know what road you are walking on. The Bible tells us that we can do it and it is timeless it does not change, the standard can be reached! God's way is the best way to live. You have to want it you have to really want it cause the tension of you wanting it would break the strongest individual. There are steps to follow and a path that is the right way to live, but you have to decide. What do you want? It is your choice, you are free to decide. All I ask is that you decide on one way or the other....

Psalm 119:9 How can a young man keep his way pure? By living according to your word.

### A CHALLENGE FOR YOU:

Ask yourself who do you want to be? Have you ever thought about who you are and who you want to become? Funny sometimes we don't think we have that authority to decide. We Do. You Do.

The challenge is to decide who you will become and then take action to become that person.

The process to live with Purity is yours and the

First step is to decide to live with Purity as a priority.

Then examine each of these areas everyday!

### **How you Speak**

What do you use your words for? What do people hear you saying?

### **How You Live**

What is your passion?
Do people know your passion by watching your life?

### **How you Love**

What do you love, and how do you share your love with others?
What do you love the most?

### **Faith**

What do you have faith in?
Do others know what you have faith in?
Does your faith guide you, and strengthen
you?

### **Purity**

We must check our desire for purity everyday.
The water department is constantly checking the purity of drinking water. We need to check in as well.

Let your desire to know God lead the way in your desire to have purity as a value in life.

Never stop processing these things, the more you examine yourself and where you are at the easier the road to purity will come.





1 Timothy 4:12 1 Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity.

Even as Kids our lives can live as powerful testimony for Jesus.

### What we say

1.Are we aware of how our conversation affects others, if we were to ease drop at any given moment would it be gracious and attractive conversation? Circle the one that applies

### Sometimes Not really All the time No But I want It to be more

Our words have the power to create. Good and Bad.

### The way we Live:

Do our lives set an example?

Temptation is all around us. Do we look for an escape when we see it coming? Discus 1 Corinthians 10:13

The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

- 2. How can we be sure we see what he's showing us?
- A. Pray for him to show you a way out even before temptation comes
- B. Keep watch, keep in prayer, and look for the way out
- C. Just don't be tempted
- D. A and B

When we do fall short of God's glorious standard, what do we do?

So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most. – Hebrews 4:16

### **Our Love**

What is this talking about? Our love for our family, the pets in our house, loving our hobbies and sports, those are all good things, but the greatest commandment is "You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself."

- 3. How can we love God?
- a. In our hearts set Jesus as Lord, give him everything
- b. Honor Parents
- c. Get to know his character and promises though his Word
- d. Worship him with abandon
- e. Faithful and honest prayers
- f. Climb High mountains
- g. All of the above
- h. All of the above but F







- 4. What does it mean to love others? Circle all that apply
- a. To be humble and look at others as more important than yourself
- b. To treat others as you would like to be treated

5. Do you believe Jesus does this for you?

- c. Buy them Ice cream cones
- d. If you don't have anything Good to say about someone don't say anything at all
- e. Look out for others needs

### In faith:

We learned that the Devil is all about lies and the Father of lies.

How do we combat Lies? Lies are strong and have the power to hurt us, but there is something so much stronger....

As we learned a few weeks ago in the demonstration with the contaminated water as sin was added the water continually stays pure. This is what Jesus does for us when we put our faith in him.

6. What does this mean to you and your p	urity?
In Purity: 7. Is purity important to you to you?	
8. And Why?	

Blessed are the Pure in Heart, for they shall see of God. - Matt 5:8 Take a stand for purity now while you are young. Then it will be who you are when you are older and be so much easier when you are older.

Purity is a decision you must decide to run after it, for as it is now we are all contaminated and in need of purification.

Decide who you will be and then fight for that to be true.

# TAKE SOME TIME AND JOURNAL Look it over, read the story again, dig into the questions and write out your thoughts...



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Extreme faith and Extreme vision

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