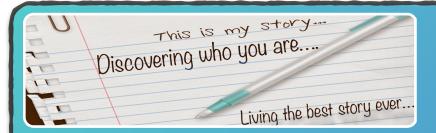
**October 29, 2014** 

# EXTREME ATT

Interests
Love and
Passions
What drives
you?

Name:

Take me home!



## **DISCOVERING...**

Passions and Expectations...

What are you passionate about? What gets you excited about life and the day. We all have passions things that we just really love about life. But what are we doing with theses passions? How are we using them to shape and influence people around us? I know I know you are only in middle school, and who really expects you to shape and influence any one. What good is it to have a passion about something if you don't do anything with it. Your passion and the things that you are good at lead you to be a part of life. Think about the things that you are really passionate about. Go deeper than a t.v. show, or a video game. Dig deep and think about your passions. We can spend hours talking and arguing about things that really don't matter. These things can sometime consume us and we miss out on sharing and living out our real passion. I have heard people have lengthly conversations about t.v. shows or sport teams and sometimes the more and more that talk I just want to scream. I listen and to be honest I act interested, but in the end I just want to scream who cares! What I want to know about and talk about is what are you really passionate about! What makes you want to get out of bed in the morning. What makes you feel alive and a part

of the human race. I can be a driven person, but we are all driven, it really comes down to the point of expectations what do you expect from you, and your passions. In the Bible Paul had a friend who he was mentoring and raising up to be a leader. Paul encouraged him in this verse 1 Timothy 4:12 12 Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity. Paul is encouraging his friend to live out the passion that is in him to be all that he could be. Not Timothy was not as young as you, but does that really matter? What expectations do you have for yourself? Do you believe that you can make a difference? Do you believe that your passion can make a difference? Our expectation of what we have to offer the world around us is key! You can make a difference when you believe in you passion! You can see people effected by you and all that you do you simply have to believe in your passion and act on it. Lets face it the world looks at you and they only see teenagers and kids. They don't have great expectations for you, they want you to do well in school and in your sports, but they see their expectations paying off in the future. Read on cont. on page 3



...take a risk or play it safe?

...have low expectations and always win or have high expectations and sometimes fail?



Living Extreme means Means shattering expectations. What do fight those expectations. I mean as soon as someone puts an expectation on us we are well crushed, and we fight to stay in our comfort zone. We all love our comfort zone and we feel comfortable there. That's why and well affects more than just us. So how comfort zone? How will we branch out and comfort zone if we live only out of the expectations that people have for us? To do this we have to push and fight to stay out of our comfort zones. We have to increase our expectations and show the world around us our passion. When we can Living extreme means that we will not settle and live beyond what is comfortable and we will use each day for all that it is... Each day is a chance to live out of our passions and write the story of our life that will create change in our lives as well as others.



What are you passionate about? 12 Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in Why are you passionate about it? What are you going to do with that passion? What expectations do you have for your life right now?

1 Timothy 4:12



How does Paul encourage his mentor Timothy?

(Do you live with this level of expectation in your life?)

# CHARACTER

When you allow passion to lead your character it defines the real you. Knowing who you really are is extreme many people don't know who they are are why on earth they are here. Passion defines us and build us into the person that we were made to be. Check your passion and live, forget your passion and die... The choice is yours.

#### How we talk and the words we say matter...

FLAMMABLE Now before I say any more about passion, let me clear one thing up: A lot of people hear the word passion, and the first thing they think of is romantic love or sexual desire. But that's not what I'm talking about here. When I refer to passion, I'm not just talking about that guy and girl at your high school who are always together. Passion can refer to anything you feel powerful passion—because I think there is a big difference. An interest is often an "I want to know more" kind of thing. Many people maybe even most people claim to be necessarily, but it is not necessarily good either. If you are one of those people, ask yourself this: "Would I give away money and time and blood to this thing I'm interested in? If I had to, would I die for this interest?" I think the answer is no. "I'm really interested in biking," you might say, but would you die to bike just let's be clear that passion is a good bit deeper than interest. Let's even say to make sacrifices to accomplish something to further that passion. You can't just dig down deep inside and try to somehow draw out passion from the well will be more passionate tomorrow, because passion is so much more than a and you realize that it's wrong. Usually this awareness sparks some emotion in you're passionate about something, a "whatever" attitude just won't do. You don't just sit back and stay detached. You do something. You get involved. Sometimes passion requires going against the grain. If we're passionate about something, sometimes we'll have to give up our desire to be looked at as cool. or someone.

Taken from the book Lose Your Cool by Zac Hunter

#### Think about it...

What are you passionate about? How do you allow that passion to lead you in your life?

Passion can start from an interest you have and as you look more into that interest you are really moved by it and like a forest fire things ignite and passion is formed.

So how do you turn your interest into a passion that is on fire?

Think about the things that interest you? Which of these things have the potential to impact others?

Do something with the interest.

Make it a battle cry! Let people know you have an interests in it by what you do not what you say.

Passion will ignite into a fire when you find the interest that drive you to write the story of your life around it.

It becomes something that you will sacrifice for you will do whatever you can to do it!

When you reach this point you will find that your interest has ignited into a passion that drives you and your life changes, and the change in your life changes others around you.

Continued from page one "Your interest, your love and your passion.

They know that if you do well now then it should pay out in then end. But will it? What if you were to rise up and live beyond the expectations that they have for you? What if you became more now than they expect you to become in the future. It is time for you to be all that your passions lead you to be. If you look deep down into your passion you will see that your passion leads you to be apart of something that is bigger than yourself. You will find that you can rise above the expectations that are put on you. You can matter now and you can be a leader today not tomorrow, not in the future.

So what are you going to do? How are you going to follow your passions and allow your passions to impact people around you? Start dreaming today and rise up and live the life you were meant to live. Write the best story that your life could ever imagine.

TAKE SOME TIME AND JOURNAL



Living life with

Extreme faith

and

Extreme vision

### EXTREME FAITH MAGAZINE

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