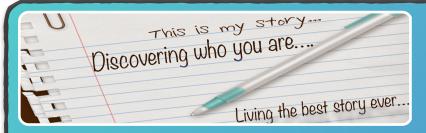
October 22, 2014

EXTREMIE -AIII-

Interests
Love and
Passions
What drive
you?

Name:

Take me home!



DISCOVERING...

Your interests, Your love and passions...

What do you love? I mean really love? How long do you have to think... We love everything these days or at least we say that we love everything. Think about it how many times in a day do you say that you love something. "I love that song, I love that drink, I just love that t.v. show, I love it when that happens and I just love him or her. We are a culture who loves everything all the time. Sounds good right, we are a loving people who love everything. But what is really happening here? How can we love everything? How can we use the word that defines the ultimate emotion for everything. How many of us would say I love my phone, I love my iPod? What has happened to the word love, and what has it done to us as a culture that we really don't have a word that truly defines the ultimate emotion that a human can feel or express. Lets take a look at it this way, when you think about what you are interested in do you use the word love? I love to play this or that sport? I love that song, I love that movie. What separates and gives value to the things in our life? We all have interest and we all have things that we long to do with our time here on the planet but what drives them and what gives them meaning. Can something have meaning just

because we attach the word love to it or has love as a word and a definition lost it power to have meaning. I mean which do you love the most your phone or your parents? You think that's easy but if you say you love both, then how can you know or the people around you know. We need to think about what drives us to love so many things, because love is a serious word and we need to reclaim it, so that we have a measure of value to live our lives by. What do I mean? Think about this, what helps you determine your interest? What leads you to spend your time where you spend it? The bible has this to say about interest and passions. In Psalms 37:3-6 3 Trust in the Lord and do good; dwell in the land and enjoy safe pasture. 4 Delight yourself in the Lord and he will give you the desires of your heart. 5 Commit your way to the Lord; trust in him and he will do this: 6 He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. When we live life out of God and all that He finds pleasing we find the true meaning of life and our lives are full and complete. That is what we are all looking for, but so few of us every find. Read more on page 3.

Would your rather...?

...be loved by someone and never be in love or love someone and never be loved?

...have only one interest and be good at it or have many interests and only be okay at them?



Living Extreme means...

Means you are a person who knows. What do you know? You know what you stand for, you know what you fight for, and you know who you are. Not many people know what they would die for... What would you die for? I mean what is so important to you that you would lay down your life to protect it and see it continue on? That is a tough question especially since we are a people and culture who love everything. I surly would not die for my phone, would you? Okay none of us would die for our phone, but what would you die for? Knowing what is important and knowing how you feel about it really helps us understand life, and allow us to fully enjoy and make the most

allow us to fully enjoy and make the most of life. Living extreme means you know. You know what is worth fighting for and what is a waste of time. But how many of us live this way? How many of us live with a purpose and a passion that directs us to the most important things in life. We love everything and love is the word that is supposed to give the most value to the things that we attach to that word. What do you love? What would you die for? It's time we started processing what is most important to us so that we are extreme and live out life to the fullest measure. We need

to be a people who know. Know what is

important and what should guide us and



What do you say you love each day? Write out as many as you can. way to the Lord; trust in him and he will do this: 6 He will make your righteousness shine like the dawn, the justice of your cause like the Lord and he will give you the desires of your heart. 5 Commit your dwell in the land and enjoy safe pasture. 4 Delight yourself in the List your top three interest. noonday sun. List out the things you do to grow or keep your top three interest an interest. Think why do these things interest you?

Psalms 37:3-6 3 Trust in the Lord and do good;

t shape who you are? What does Psalm 37:3

What does Psalm 37:3-6 say about how we should live and how our interest should shape our lives?

Do your interest shape who you are?

CHARACTER

What you spend your time doing really shapes your character. If you spend your time complaining all the time then that will shape how you see life around you. Your character is being shaped daily. Extreme character is determined by how you spend your life. Do you spend your life improving things around you or do you spend your life with little or no impact.

How we talk and the words we say matter...

If you spend any time at my school, you'll see that my generation says a lot of things we don't mean—or maybe it's just that we say things without considering the real mean-ing. We exaggerate a lot—not on purpose, but I think the way we communicate lends itself to exaggeration. We call something "awesome" when it's just "aw-right." Because of the massive social networking are people at school whom we might never talk with face-to-face, and might the status of "friend" or even "top friend" is just a click away, instead of reserving that word for people who have shared our ups and downs and proved their loyalty over time. Or look at tired texting terms like "LOL." I seriously doubt that most normal people laugh out loud as often as I've been led to believe. I and two "ha-has." I'm pretty sure that if she were laughing out loud as much as importantly, how does it impact us? The word love is a great example. What does it really mean to love something or someone? In one day some-one could say all these things: "I LOVE American Idol" "I LOVE coffee," and "I LOVE Jesus." Do those really be-long in the same category? Now, I'm not saying you your grandma the same way you LOVE popcorn. But I think you get my point. Our words no longer carry as much depth and meaning as they once did. You was a friendship love, an I-would-die-for-you-love, a romantic love, a sibling love, and a love called agapao that was an act of the will that put deep emotion all five of these ideas get translated as "love" really shows how diluted our

From the Book Lose Your Cool By Zac Hunter



Think about it...

What does the word Love really mean to you?

Okay so how many things do you love?
How many times in one day do you say you love something?

Love is defined this way:

a feeling of strong or constant affection for a person

If that is the definition of love then how does that effect the way that we use the word?

How many things do you love? How often do you use the word love? We must have our words have real meaning and purpose.

So here is your challenge!

For this next week do not use the word love to describe anything that really can't be loved. Love is defined as "a strong or constant affection for a person. So stop saying i Love that song, I love my IPhone. Use a word that really describes them. Use a word that shows they have importance, without devaluing the word Love.

Take the challenge and think about what you say and give love back the meaning that it was always supposed to have!

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Continued from page one "Your interest, your love and your passion.

So we see that God longs for us to trust Him and stand by Him. To Love Him and give the word Love the full importance that it deserves. When we do that when we make our base for our life our relationship with God everything changes. We find that what we consider important the same things that God considers important. We find that our life has the same values as the one who gave things value. Your life is based on the definition of LOVE. Why do so few find this meaning, this way of life? I believe that so few find it because it is an all in sort of life. You have to be all in and trust completely. We don't trust completely and we are rarely all in. To find this life we need to make our relationship with God the foundation for all that we do. That is hard to do in a world and culture that loves everything. So I ask you this. What do you really love. I mean what would you die for? Think about it.

TAKE SOME TIME AND JOURNAL

Think about this: Your life story, what role does God play in the writing of it?

| Write out some thoughts that you have about the word love, think about it this way. If use only used love for the meaning that it truly has how would that impact the story of your life? |
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Living life with

Extreme faith

and

Extreme vision

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