

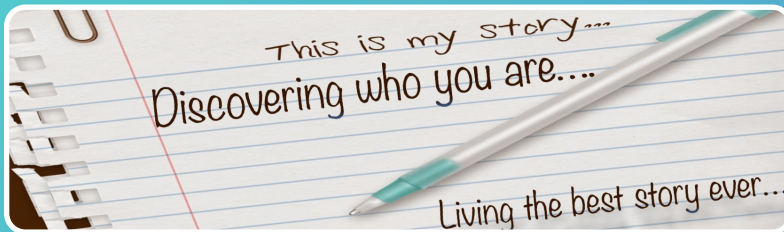
November 5, 2014

EXTREME FAITH

Getting out
of your
comfort zone
and into life!

Name: _____

Take me home!

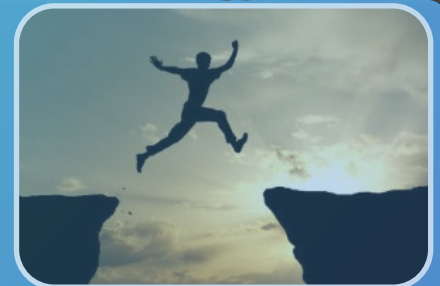


DISCOVERING...

Comfort Zones...

What is your biggest fear? What is your smallest fear? Did you know that there is a good chance that you were not born with that fear. Actually we are only born with two fears, the fear of loud noises and the fear of falling. So what has brought us these fears? How did we come to get them? The truth is we all have fears, but the real question is what are we doing about those fears. Why do we keep them in and allow them to direct the direction of our lives. Believe it or not it has a lot to do with your comfort zone, the place where you spend most of your time. That is why it is caused a comfort zone, because it is nice, safe and well extremely comfortable. You have the same friends today as you did yesterday. You average the same grades year after year, because you are comfortable doing the same thing over and over. When someone challenges you do to something do you do it? Do you go for it or do you start making excuses and listing off reasons that you can do it. That is your fear of leaving your comfort zone, that is the fear of living keeping you in the exact place. You may think that you are getting ahead, and making moves, but if you are not challenging your fears, then really all you are doing is going through the motions. Check

this out from the Bible. 2 Timothy 1:7 says this: **7 For God did not give us a spirit of timidity, but a spirit of power, of love and of self discipline.** Now what this is telling us that our fears are not from God, but from the world and from the thief. If we really believed and trusted in God for all things then we would know that all things are possible. We would live like followers of Jesus we would have faith in God. Now understand this it is impossible to please God without faith. When we live in the comfort zone we are not living with faith, we are living out of fear. We are not living out of self discipline we are being lazy and careless with the life that we have been given. So what are your dreams the ones that you really want, the things that you want to do no matter what. How will you achieve them without faith, how will you ever take that first step to go for them if you will not leave your comfort zone. Living out of passion and living for the dreams that you have for your life is challenging and pressing. You will have to overcome your fears and you will have to leave your comfort zone and take steps that push you beyond your limits. This will take faith, and for faith you are going to have to know who God is and what He has called you to do with your life. Cont. pg. 3



Living Extreme means...

Have you ever met one of those people who aren't afraid, who inspire you to do great things. If you have then you have met a person who is living extreme. Living extreme means blowing the door off of comfort zones. It means that you can stand alone in a crowd because of what you believe in a what you live for. Once upon a time I knew some guys who were extreme and they lived beyond the comfort zone. But as the years went on they sort of faded into the distance and well they just live now. It is really sad especially when you think of all the things that they could have done... But enough of that for you the ones ready to take the challenge I encourage you to run from the comfort zone and press on into life. Here is an example when was the last time that you ever told someone about Jesus, chances are if you have been talking to someone about Jesus you are living outside of the comfort zone. You are pushing the boundaries. Just make sure that you don't stop pushing, even if you are doing incredible things do more, keep pushing beyond the boundaries. Take the conversation to the next step. Chase down your friend and be Jesus to them so that they can see the real Jesus living in you. We have to get out of comfort zones and start doing hard things. We have to do hard things because they are hard. That is extreme living my friends...

Would you rather....?

...sleep in late really late or get up and do something risky?

...be part of a team or play solo sports where you are the team?

...live a comfortable life that's no so exciting or live a life that is risky but very exciting?

DIG IN

2 Timothy 1:7 7 For God did not give us a spirit of timidity, but a spirit of power, of love and of self discipline.

What do you fear?

Describe what makes you comfortable?

When have you broken through your comfort zone?
Think of it this way (What is the hardest thing you
have every done?)

Now think about that thing again... How did you feel
after you did it? Would it be so hard to do again?

How can you use this verse to inspire you to go after your passions
and leave your comfort zone?

Have you ever used the power and the self discipline
that God has promised you? (if so describe a time)



LIFE BEGINS
AT THE
END OF YOUR
COMFORT ZONE

CHARACTER

Your comfort zone can keep your character from developing into everything that it was meant to be. Your character is the core of you, it is your root system. Who you are at the core is unlimited. You can grow and you can achieve anything that you put your mind to. But will your comfort zone keep you locked out of your full potential? Or will your character lead the way? You decide.

Comfort Zones...

BREAKING OUT OF YOUR OLD ZONE Think of each of the following three statements in this section as "zone breakers." Put these huge truths to work in your choices, and you'll understand why a comfort zone is actually a miserable place and how you can escape yours. 1 God Works Through Our Weaknesses to Accomplish His Big Plans Everyone likes to feel strong and smart. That means as soon as we start to feel stretched or pushed past our limits, we hit the brakes, slam into reverse, and scoot back to our comfort zones. Who wants to risk feeling weak and stupid? Alyssa Chua, a seventeen-year-old rebelutionary from the Philippines, explained her pattern this way: "My comfort zone was the place where everything was just the way I wanted it to be; a situation where I never had to make extra effort or do something difficult; a place where I could sit back, relax, and enjoy myself." The problem, she told us, was that when she stayed inside her comfort zone, she was essentially refusing to surrender her life fully to God; she was avoiding the hard things He was calling her to do. Alyssa now realizes that stepping out of her comfort zone made all the difference. "Outside my comfort zone, I learned to lean on God for strength instead of leaning on the small pleasures of this world for comfort. Outside my comfort zone, I found that I could serve God more fully and use all of my talents unreservedly for Him." We don't know about you, but we constantly find ourselves building that invisible fence (the one that keeps threats outside and us inside). We build it higher every time we say or think things like: "I'm just not a math person," "I'm just not organized —my brain doesn't work that way," or, "I'm just not a people person."

What we're really saying is that we don't want to do things that don't come easily or naturally. We don't want to break through our fears. And by our actions, we're also saying that God isn't good and powerful enough to help us do what we can't comfortably do on our own. And that's a lie the Enemy loves! (He's read Hebrews 11:6 too.) Smith Wigglesworth didn't learn to read until he was an adult, and he was unable to speak publicly for most of his life due to a terrible stammer. Against all odds he overcame this impediment and turned out to be one of England's greatest evangelists during his later years, leading thousands to Christ. We could look at this story and say, "What a shame. If only speaking had come easily and early to him, think of how much more fruitful he could have been." But Wigglesworth recognized that the difficulties he overcame were vital to the effectiveness of his ministry. He liked to say, "Great faith is the product of great fights. Great testimonies are the outcome of great tests. Great triumphs can only come out of great trials." So what are our reasons for sitting on our duffs and doing nothing?

1. We're not as good at something as someone else we know.
2. We don't have all the resources we think we need.
3. We figure that the chances of failing and looking like losers are too high.

But do you see the misconceptions hiding in all these reasons? We're really saying:

1. God only uses the best and brightest.
2. He only uses us when every last thing is in place.
3. He only brings glory to Himself when we ... bring glory to ourselves too. (Ouch.)

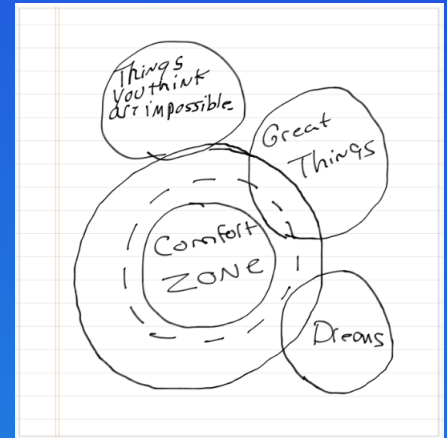
Do Hard Things
by Brett and Alex Harris



Think about it...

How does your comfort zone help you? Does it help you or does it keep you from doing the things that you really want to do. Does your comfort zone hurt others around you, because they don't benefit from all that you can do. Get rid of the comfort zones and live.

Check this out:

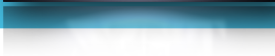


There you are inside your comfort zone and all the things that you want are outside of that zone. Great things, Dreams and Things that you think are impossible. So what are you going to do.

Here are three simple steps:

1. Pick something to go after that is outside of the CZ
2. Put your fear behind you and keep your eyes on the thing that you want to achieve.
3. Don't stop until you get there! Keep going no matter what! Your CZ will grow and stretch. Go for it!

Continued from page one "Comfort Zones..." Knowing what God has called you to do is a big deal, knowing who you are in God is a big deal. You will have to joinery with Him to learn these things. I am not talking about a quite time, I am talking about really digging in with God and asking Him to tell you who you are. A quite time is nice but wanting to shake up the world will call for something more. You could continue to live the life that you are living or you could discover what it really means to live. That requires you to live beyond your fears. This type of living will require you to please God with faith, faith in Him and the belief that He will show you all you need to know. So you decide there is an incredible life out there just waiting for you to live in it, but you will have to leave your comfort zone. You will have to move where there is danger and discomfort, to only find that once you take the first step there was nothing for you to fear, except staying in the comfort zone.

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Extreme faith
and
Extreme vision

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