

September 10, 2014

EXTREME FAITH

Choosing
Choices that
leave no room
for regret!

Name:

Take me home!

LIFE

Choose
wisely
no
Regrets

LIFE...

Choose wisely no regrets...

"Life moves pretty fast and if you don't stop and look around once in a while you might miss something." Life does move fast and it seems like it just keeps moving faster and faster. When things are moving so fast it seems like we really don't have time to think about the decisions that we need to make. When that happens well we can make decisions that might not be the best one that we could make. Then Whoops, we might regret something that we did or said. I know I have say so many things that well after I said them I regretted it a whole bunch. Lets not get into things that I have done. Cause well that is a long story. I think it is safe to say that all of us have done or said things that we latter regretted. For me there was a time in my life where my regrets well they slowed me down. I looked to my past and well I did not like what I saw. It kind of changed the way I saw things for my future. How may of you wanted to play sick and skip a day of school because of something that happened the day before. We have all been there but does it have to be this way or can we find a way to live without regrets? Well unless you are perfect chances are you will live with some regrets. Not to mention their are regrets

that we want to hide away from because of what we did or said and then there are the regrets because of something we did not do or did not say. Those regrets can sometime be worse than regrets that we are embarrassed of. So what are we to do? How will we move forward and make it through another day? Well try this on, and tell me what you think. **Philippians 3:13 -14 Brothers, I do not consider myself yet to have taken hold of it. But one thing I do:Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.** Okay so we are to keep moving forward and not look behind. That is a good peace of advice for sure. But just how does that work. I mean some of my biggest regrets involved someone else, someone that I hurt. My other big regrets well they were missed opportunities when I did not do something that I should have done. I did not step out in faith and take the risk, the moment has come and gone. If this is you and I think we all feel these feelings at times well be encouraged because this whole Extreme Faith Mag is focused on this dilemma... (So keep reading)



Living Extreme means...

Okay you want to live extreme, but well you are held up and back by regrets! Okay we all are at one point and time. But God loves us so much he has something to say to us about it. He used His great writer Paul to tell us about regrets. Now before Paul was running after Jesus he was busy killing those who were running after Jesus. Paul was seeking to destroy the Jesus movement that started after Jesus rose from the dead. To do that he had the power to kill Jesus followers. So that is what he was doing when Jesus met him in a flash of light. Paul was never the same. He understood that he was wrong and then started running after Jesus and leading others to Jesus. Now Paul had a lot of bad stuff in his past. He had a lot to regret. Hearing the cries of Jesus followers cried out as they were killed. I am sure that he had a few bad dreams of the past. But Paul did not let that stop him from being all that He could be for Jesus. He ran all the more harder to the future. He is the author of Philippians and he tells us to forget what is behind and to run to the future! So be encouraged! You to can run to the future because every day is a new day and you can run to it not looking behind to the past but fixing your eyes on the things to come! It is a bright future, so put on your sunglasses and move forward! To read about Saul's to Paul's conversion read Acts Chapter 9.

Would you rather...?

...never have salt again or never have sugar again?

...make bad decisions or be indecisive?

...know the future and not be able to change it or
live with freedom that has the ability to change the future?

CHARACTER

Move forward, and keep moving is extreme. But before you rush into the future, make sure that you clean up your messes from the past. We as followers of Jesus should know how to ask for forgiveness and we should know how to forgive. That is extreme character and in these two actions we find the freedom to run to the future! Clean up your messes!

Think About it...

(Learning to live with no regrets...)

In this latest series we have been looking at how we make decisions and the importance of making good decisions. Today we have been talking about living without regrets and always looking forward to the future that Jesus is calling us into.

We all have things that we regret, from things we have said to things we have done, or maybe even things that we did not say or did not do. Either or regrets can hold us back. None of us should be help back because of our past, we should all be running into our bright futures. So what can be done to free us? What can be done to help us move forward even with the bad decisions behind us? Well lets take a deeper look at Philippians 3:13-14 to get some steps that we can apply to our own life.

Take a look at how Paul starts off, telling the people reading this letter, us that he does not claim to have it all together. He has not taken hold of the complete work of Jesus. He's not perfect.

No. 1 Thing to do...

Know that you don't have it all together either, and the people around you don't have it all together.

Why is this important, because we all compare, we compare ourselves with people who we think have it all together, and we compare ourselves with people who we think we are better than.

Big Tip: Do not Compare yourself with others

No. 2 Thing to do...

Do this forget what is behind and move forward let the past be the past. Letting the past be in the past does not mean that don't fix things from your past. If you need to ask forgiveness or if you need to forgive someone the you need to do it. Nothing can haunt us in our past like, unforgiveness

Big Tip: Forgive others and seek forgiveness from those you have wronged.

When you have these things put away in the past, then the past can't stop you from moving forward to the future.

No. 3 Thing to do...

Run like crazy with Jesus! It is not so much keep up with Jesus as much as it is just running with Him. Go where He leads and never look back the future with Him is better than any past.

Big Tip: Run with Jesus, go where He leads!

Put some of the simple tips into practice and you will be putting God's word into action in your life and you see things change. You will find freedom, and in that freedom you will find the will of God taking action in your life!

Need to talk about it, well that is what your leaders would love to do with you!

Philippians 3:13-14

Brothers, I do not consider myself yet to have taken hold of it. But one thing I do:Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Finish this Sentence:

(Fill in the blank... How would you finish this sentence?)

*I most regret...

*Why do we look to our past so much?

*When do you not try something that you wish now that you would have tried?

*Looking at Philippians 3:13 how does Paul encourage us to live our lives?
